PSYCHOLOGICAL HOROSCOPE ANALYSIS

for Piet Vt zelfde, born 22 April 1951



ASTRO*INTELLIGENCE

Psychological Horoscope Analysis

for

Piet Vt zelfde, born 22 April 1951

Nr. 7107.67-1

Astrological Interpretation and Text by Liz Greene Programming by Alois Treindl

ASTROLOGICAL DATA USED FOR THE ANALYSIS:

name: **Piet Vt zelfde** (male)

birthdate: 22 April 1951 method Liz Greene local time **01:02** houses: Placidus place: Leiden, NETH 00:02 U.T. long: 4e30 lat: 52n10 sid. time 14:16:59 18-Apr-2007

PLANETARY POSITIONS

planet	sign	degree		motion
⊙ Sun	Taurus	1803'58	in house 3	direct
Moon	Scorpio	2m30'19	in house 9	direct
	Taurus	6810'56	end of house 3	retrograde
Q Venus	Gemini	7п51'32	in house 5	direct
♂ Mars	Taurus	8835'01	in house 4	direct
4 Jupiter	Aries	0 የ05'06	in house 2	direct
ħ Saturn	Virgo	26m39'51	in house 8	retrograde
y Uranus	Cancer	6වෙ2'59	in house 7	direct
¥ Neptune	Libra	17 <u>₽</u> 48'43	in house 9	retrograde
Pluto	Leo	17ຄ25'54	end of house 7	retrograde
Ω Moon's Node	Pisces	16 ∺ 54'28	in house 2	retrograde

Planets at the end of a house are interpreted in the next house.

HOUSE POSITIONS

Ascendant	Capricorn	0ਤ16'12	Descendant	Cancer	0ණ16'12
2nd House	Aquarius	17≈52'27	8th House	Leo	17ຄ52'27
3rd House	Aries	5 ₄₀ '57	9th House	Libra	5 <u>∞</u> 40'57
Imum Coeli	Taurus	6834'38	Medium Coeli	Scorpio	6m34'38
5th House	Taurus	27825'53	11th House	Scorpio	27m25'53
6th House	Gemini	14п06'18	12th House	Sagittarius	14∡06'18

MAJOR ASPECTS

Sun OPPOSITION Moon 1°25 Mars SQUARE Pluto 8°51 Sun CONJUNCTION Mercury 5°07 Sun CONJUNCTION Mars 7°31 Sun SEXTILE Uranus 4°59 Moon OPPOSITION Mercury 3°40 Moon OPPOSITION Mars 6°04 Moon TRINE Uranus 3°32

Mercury CONJUNCTION Mars 2°24 Mercury SEXTILE Uranus 0°07

Venus TRINE Neptune 9°57

Venus SQUARE Moon's Node 9°02

Mars SEXTILE Uranus 2°31

Jupiter OPPOSITION Saturn 3°24 Jupiter SQUARE Uranus 5°58 Saturn SQUARE Uranus 9°22

Saturn OPPOSITION Moon's Node 9°44

Neptune SEXTILE Pluto 0°23

Sun OPPOSITION Medium Coeli 5°30 Moon CONJUNCTION Medium Coeli 4°04 Mercury OPPOSITION Medium Coeli 0°23 Mars OPPOSITION Medium Coeli 1°59 Uranus OPPOSITION Ascendant 5°46

Numbers indicate orb (deviation from the exact aspect angle).

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I. INTRODUCTION

Once upon a time, in a less scientific age than ours, astrology was a respected study, based on ancient and empirically compiled principles and used by the learned for greater insight not only into the future, but into the soul. With the coming of the Age of Enlightenment, and the increase in man's knowledge of the material universe, it seemed for a time that studies such as astrology, in company with other symbolic maps of the cosmos, had become anachronisms - pieces of superstitious nonsense which reflected a more ignorant and gullible era. But surprisingly, astrology, despite its detractors, has refused to go the way of the flat earth, the conjuring of demons, and the turning of lead into gold. It is alive and well, growing in popularity, and once again meriting the respect of intelligent minds - for it has been brought into the modern era through our increasing knowledge of psychology and of the inner nature of man. Subjected to many centuries of suppression and ridicule, astrology has outproven and outlasted its opponents, and eloquently demonstrates that it has something of great value to offer the modern individual seeking self-understanding.

In this horoscope analysis we have endeavoured, using the insights of astrology and psychology combined with the tools of advanced computer technology, to offer you an astrological portrait which is uniquely and individually focussed and which aims at providing greater self-knowledge. This is not fortune-telling astrology, but rather, psychological astrology, developed to as deep and sophisticated a level as is possible within the perimeters of computer interpretation. No computer can perform the task of an experienced human astrologer. But we think you will find this analysis a surprisingly profound and subtle interpretation of the complex dynamics at work within you.

Shakespeare once wrote that all the world is a stage, and all the men and women merely players. In a sense, your birth horoscope is a metaphor for the individual play, complete with stage set, cast of

characters, and story, which lies at the core of your life journey. It might be useful for you to remember the metaphor of the theatre as you read through the various sections of your astrological portrait, because it can help you to understand the real meaning of fate as it is reflected by astrology. Fate does not lie in your being subjected to random preordained events. It lies in the cast of characters which represent the deepest needs, conflicts and aspirations which lie within you. No person can be other than himself or herself; and every life experience, whether tiny and transient or major and transformative, reflects in some way the character of the individual.

II. YOUR PSYCHOLOGICAL TYPE

The rich array of individual attributes portrayed in your birth horoscope is set, as it is with everyone, against the backdrop of a certain temperament bias. We might call this bias your psychological "type", for it is a typical or characteristic way of responding to the situations life brings you. No one begins life whole or perfect, and all people have certain areas of strength - sophisticated and well-adapted inner characters - to help them deal with challenges, conflicts and problems. Likewise, all people have certain areas of weakness -inner characters who are underdeveloped, neglected and troublesome.

Your psychological type does not remain static and unchanging through the whole of your life. There is something within all of us - whether we call it the unconscious, the Self, or the soul -which strives toward balance and completeness, and which tries to integrate into our lives all those qualities or inner characters which have been neglected or undervalued. At certain important junctures in life, it is as though some central core, deeper and wiser than the conscious "I", draws us into conflicts which enable us to develop our weak-

er areas, so that we can become more complete as human beings. Thus you will find that, incorporated in the following paragraphs about your psychological type, are some suggestions about how you might facilitate this inner movement toward a more balanced perspective on life. Life does this for us, sooner or later. But sometimes it is more rewarding and less problematic if we cooperate with the process.

The strengths of a well-earthed nature

Your nature is a practical one, and you possess an excellent relationship to what we call the real world. Yet you are often caught in a conflict between your realism and your need to express your imagination and find some inner meaning which might validate your efforts. You have the gift of being able to make the best of your resources without wasting energy on fantasies on how it "might" have been if only the world were different. You are a builder and know how to turn dreams into actualities; and you also possess a good deal of patience and common sense. But there is an intense inner restlessness which sometimes plagues you - the vague feeling that somehow you are missing something. You know how to wait for things to become ripe, and are not averse to hard work; but there is a deep split in you because of the secret romanticism which often peeps through your responsible exterior. Probably you are not certain which you are - a hard-headed realist or a romantic spirit seeking some other-worldly or mystical dimension to life.

Appreciation of the things of the senses is one of the gifts of your nature. This may express as a rich and uninhibited sensuality, or as a deep appreciation of beauty in all its forms. Your taste tends to be conservative and always impeccable, and you appreciate quality and good craftsmanship. You are capable of expressing this appreciation of beauty through your own creative efforts; but here you are caught in your characteristic dilemma. You cannot decide whether to apply your energies toward establishing the material security which is so important to you, or whether to pursue your

dreams into fields which may yield no immediate financial reward. You possess a strong sense of responsibility and tend to be reliable and trustworthy. If you say you are going to do something, then you will do it. You are difficult to fool because you pay attention to details and do not miss much. But somewhere within you there is a joyful, irresponsible child who keeps struggling against the sensible adult you have become. Sometimes you may be overwhelmed by a longing to drop what you are doing and become this child you never really had a chance to be - even in childhood.

Pragmatism struggles against the flights of the imagination

Your dilemma lies in your attitude toward the inner world. Although you do not lack imagination or intuition, you tend to undervalue them, and perhaps even feel contempt for the more eccentric or artistic type -although you may secretly envy him or her as well. It is hard for you to trust the mysterious workings of your inner self, because you are a little too tied to conventional concepts of what constitutes "normal" and "mature" behaviour. Your pragmatism is your great strength, but you also use it as a defense against forces within yourself that you do not understand. Trying to stifle your imaginative and romantic side will not really fulfill you; for then you run the risk of working yourself into the ground and ultimately reaping little but a pile of material objects and a profound sense of frustration because the real meaning of life has somehow passed you by.

You may need to find the courage to live more of the secret artist and romantic within yourself. The world of the unconscious with its strange fantasies, images and mystical visions may make you feel small and threatened, for it cannot be managed like a bank account. But skepticism, or dutiful adherence to conventional formulas of reality, will only leave you feeling bored and unhappy. What you are truly seeking is a deep, personal experience of something greater and more meaningful than the concrete reality around you.

The issue of creative expression is connected with this dilemma. You possess the ability to express your imagination in concrete form; yet you may feel that you are not very imaginative and are better suited to be the organiser and supporter of a more artistic partner. This may unfortunately result in a good deal of envy and resentment on your part. Although creative people will always be important to you as friends and partners and sources of inspiration, you need to learn not to limit your image of yourself. Creative hobbies and time for play are vitally necessary for you, even if you are not technically brilliant. You need to understand that this does not matter, for what you do for your own pleasure is as worthwhile as any practical contribution you may make to others and to society. If you can find the courage to develop the imaginative and mystical side of yourself, you will discover that it holds the key to your fulfilment.

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III. CHARACTER AND SHADOW

One of the most important insights gained by depth psychology has been the revelation that people are dual in nature, and contain a basic polarity of a conscious and an unconscious self. There is the individual you are familiar with -the "I" that thinks, feels and acts in accustomed ways which you identify as yourself. And there is another, hidden individual -the shadow-side - which contains the less acceptable and less developed aspects of your personality, and which fights for a valued place in your life at the same time that it disrupts the complacency of your self-image. The interplay between the conscious and unconscious sides of you is a constantly shifting dance, changing at different stages of your life and altering according to the pressures and challenges which you encounter. The tension between the primary characters in your inner drama, described in the following paragraphs, is the source of energy which provides your life with movement, purpose, conflict and growth. There are other characters inside you too -

supporting players who blend and conflict with the main ones to make you the unique individual you are. Where these are strongly marked in your horoscope, we have included a description of them as well. The story thus portrayed, with its complicated interaction of light and shadow, represents what is really meant by individual destiny.

A natural capacity to appreciate material pleasures

No one appreciates the things of the earth as much as you do. You have made peace with the world's requirements, and intend to enjoy to the full whatever life makes available to you. Reality for you consists of what you can see, touch, smell, taste, hear, and put in the bank; and although you love physical beauty wherever you find it - in a person, a work of art, or in nature - you do not become distressed by visions of unattainable perfection or aspirations of transcendance. Translation to a higher, less corporeal plane does not attract you, for you like what you find in the world. It is the fulfillment of your desires in the here and now that interests you, not some other incarnation or astral experience. Because of your deeply sensual appreciation of life, you are more than likely to draw delight from the fruits of whatever you accomplish - the grass in the next pasture does not seem any better than what grows underfoot. Because of your natural pragmatism and respect for the routines of ordinary living, you are likely to achieve what you want in life, professionally and financially, while you are still young enough to enjoy it. And you will probably manage to avoid that characteristic frustration of the backward-looking vision of "If only I had..." which plagues so many people who do not give their personal needs the importance you grant to yours.

Passion is contained and intensified by pride and self-control

Sensual satisfaction is the driving force of your personality, although "sensual" does not mean exclusively sexual. Your sensuality extends from simple bodily satisfaction to a rich appreciation of colour, texture, smell, sound and beauty in the natural world around you; and you probably need as much of nature and the countryside as you are able to fit into your life, because you are instinctively attuned to their rhythms and need frequent contact with them to replenish yourself. Although your instinctual needs dominate you, you are nevertheless a relatively controlled personality, and there is a slow deliberateness about you which gives you a kind of palpable power. It is much more satisfying for you to savour your pleasures rather than hurtling through them as though life were a race-track.

You rely on physical and emotional comfort rather than the abstract realm of the mind and the spirit for your fulfillment, and you are capable of expending considerable effort to obtain what you feel you need - including other people, whom you tend to put in the same category as a beautiful painting, a rare antique sculpture, or a deeply loved piece of music. This is not merely a calculating desire to collect objects for your own security. People fascinate you, and you love to probe their motives and their souls. Thus sensuality is mixed in you with emotional passion, for you are not a cold person at heart, and when you make an attachment which touches your feelings as well as your senses, then it tends to endure.

You have a strongly possessive streak in you, and you try to own whatever arouses your desires. Hence, you are capable of considerable jealousy and rage if one of your beloved objects, human or otherwise, escapes your earthy grip. You never forget betrayal, although with time and effort you might just manage to forgive it. You have enormous pride, in the best and worst senses, and a touchy sensitivity about your image in the eyes of others; for you are not a flexible person, and you act with slow seriousness and then cling tightly to whatever choices you have made. You hate to be made a fool of, and are not likely to trust twice any person who makes a joke at your expense. But you have the same kind of deep, slumbering endurance and power that the earth itself does, and ultimately no misfortune that life might offer can erode your

quiet dignity - even the betrayal and loss which are your greatest fears.

A tendency to mythologise love, life and vourself

You have the soul of a romantic coupled with an equally potent drive for sensual satisfaction, and this combination means that you are likely to have a fairly dramatic love-life. Because you tend to mythologise both yourself and life in general, injecting it with some of the flamboyance of an Italian opera, you are quite incapable of sustaining a "suitable" marriage, or entering into liaisons which serve calculated utilitarian purposes. Yet at the same time you are quite pragmatic about your physical pleasures, and these two components of your nature do not always agree. Until you are able to integrate the two sides of you into some reasonably coherent lifestyle, you are peculiarly prone to being in love with one person while desiring another; which is one of the reasons why your personal life inclines toward a certain instability. Both facets, however, unite in your intense preoccupation with your own fulfillment, and in your relentless determination to have the security, satisfaction and pleasure you believe to be your right - however hard you must work for it and however long it takes. But love, in its most profound and metaphysical sense, remains the cornerstone of your philosophy of life, and for you to do a thing you must feel passionate about it. This encompasses not only your relationships but your professional goals as well; you are as unsuited to the boring but financially rewarding job as you are to the stagnant but safe relationship. You tend toward extremes of feeling, and find bland, lukewarm people particularly irritating. You would rather be hated or adored than have people see you as pleasant and unmemorable. You possess magnetic and vital qualities, but it is likely that many people will have a chance to sample their benefits and suffer their withdrawal before you settle into any kind of truly permanent relationship.

The problems of possessiveness and manipulativeness

Love, for you, means possession. Although jealousy is no longer fashionable in so-called modern relationships (remember the Aquarian Age and all of that?), you have no need to pretend to be liberated, for you have an instinctive understanding that where there is deep feeling there is going to be possessiveness. You are a rather extreme person, not only in terms of your relationships but also in terms of all that you value - which includes material security and the special objects which hold emotional significance for you. You try to live by a double standard in your relationships, however, which causes you to resent a loved one's possessiveness at the same time that you feel you have the right to freely indulge your own; and this springs from your need to dominate those whom you care for. Only in this way can you believe that you will not ultimately be hurt, betrayed or humiliated.

You are also inclined to be quite secretive about how much someone else matters to you - perhaps even secretive with yourself - for in revealing the intensity of your feelings you fear you might put too much power in the other's hands, which for you is a fate worse than death. Thus you are not an easy person to be closely involved with, for your sensual and emotional needs are powerful, but you are capable, consciously or unconsciously, of extensive covert manipulation to make sure that all the best cards remain in your hands. This is fine as long as your loved ones accept that the game is secretly played by your rules. But do not be too surprised if, at some point in your life, someone hands back to you what you so freely dish out, and you discover in a painful manner - through rejection or betrayal or separation -that it is better to be honest about the depth and intensity of your feelings and risk the ensuing vulnerability. You are worldly enough to know that ultimately you always get back what you give.

The challenge of romantic conquest makes commitment problematic

You love to be in love, and not just merely in fantasy. There is a strongly theatrical quality in you which tries to fuse your natural sensuality with all the trappings of grand romance - for there is nothing more satisfying to you than the ritual of courting with its sexual anticipation and erotic intensity. In fact this early stage of an affair is in many ways more exciting for you than the culmination of it, although all aspects of love are pleasing to your connoisseur's eye. You are also capable of expressing this passionate romanticism through creative forms, and any artistic endeavour is likely to bear the stamp of your unique blend of earthiness and romantic vision. You are likely to have some problems if you tie yourself to too prosaic or unchallenging a marriage or long-term partnership, for you need to keep romance alive in your life; and if you cannot find it at home then naturally you will seek it somewhere else. This does not unduly upset your conscience, for you have a sometimes brutally realistic side to you that wants your cake and eat it too (why should you not have everything you want, for the small price of a little discretion?), and the agonising moral decisions that torment many other people are not very likely to gnaw away at you. It is much more likely that practical decisions will be more important - such as whether or not a romantic adventure might potentially disrupt your security. You have a well-developed sense of fun, and an adventurous streak which it is not impossible to integrate with your other great love - material comfort. You are one of those enviable people who has probably contrived to manage both.

Tenacity, pride and sensuousness combine to create personal magnetism

Thus your two lifelong passions - satisfaction of the senses and material security - form your highest priorities in life. If you are able to achieve them which is probable because you are inventive as well as practical - then you have the unusual capacity for a rich and contented life. If you do not achieve them, however, or if you are frustrated in some particular obsession (for you do not just idly want something or someone, you *must have* it, him or her), then you can become very difficult indeed, for your sense of self-worth is rooted in your body and in your capacity to possess what you desire. You are very tenacious, or, put less kindly, sometimes extremely stubborn and inflexible; and you are capable of relentlessly repeating your efforts even when it has been made clear to you, by life or by another person, that you really ought to try elsewhere.

Because you are proud and sometimes a little too touchy about your vanity, a rebuff or a failure which might provoke philosophical acceptance in someone else can invoke some quite nasty and destructive feelings in you. You have a long memory for grievances and hurts. But to compensate for this, you also have a long memory for favours and kindnesses, and can be extremely loyal and generous to those whom you trust. You are not an easy character, despite your surface charm; but you are a deep, complicated and vital one, and your personal magnetism makes you stand out over blander, more colourless souls. Life will one day challenge you about your rather lopsided tendency to define reality by what you can hold in your hands, for the question of the meaning and purpose of your life usually too abstract a concept for you to bother with in the heat of the moment - will eventually loom larger in your life. But by the time these issues become relevant, you will probably have achieved, at least on a material level, much of what you want.

A hidden longing for the intangible

In contrast to your earthy and sensuous nature, there is another protagonist in your inner psychic drama; and this hidden side of you comprises all those qualities which you have had to exclude from your conscious values and behaviour in order to fully enjoy your day-to-day physical and emotional life. This shadow-side of you focuses its eyes not on the earth, but rather, on heaven; and if you remain unconscious of it, it can gnaw away at you in the form of an overdeveloped Old Testament con-

science which denigrates your preoccupation with your own pleasures and your devotion to your sensual gratification. This hidden character can also assail you through increasing disillusionment - the nagging sense that there was really not much point to so much self-indulgence after all, because experiences begin to repeat themselves in the end; and how can your money buy you the inner conviction that your life has had some deeper meaning and higher purpose? Thus the shadow-side of your personality is really a profound mystical longing for a higher reality which, because it might interfere with your earthier desires, you usually suppress as being naive and unrealistic. Yet all the cynicism in the world cannot erase what belongs to your own psyche, although it may lie in the unconscious and can only get recognition when you have suffered disappointment and have begun to ask questions, or when some painful crisis enters your life and forces you to reconsider what your real purpose for living might be.

The craving to find higher meaning in mundane reality

Despite your pragmatic philosophy of life, there is something in you which ceaselessly asks big and disturbing questions - about the meaning of life, and the nature of reality, and the complex issues of human suffering and human fate. This highly philosophical side of you can offer a valuable contribution to your life; for by pursuing these themes and daring to explore the more abstract questions which ultimately lead to religious or metaphysical issues, you can approach a sense of meaning and understanding which will enrich your enjoyment of ordinary life. If you fight this element in yourself, however, in the name of so-called realism, then it will come in through the back door, in the form of a disturbing discontent and an irritating self-criticism which can spoil those pleasures which you have worked so hard to obtain.

A moral conscience suddenly erupting from the unconscious, as though God were breathing down your neck, is likely to be quite distressing to you; but the hidden dimension of your personality is full of a strange and archaic morality which measures your worth against your service to God, and perpetually questions whether you are truly a good person - "good" being an elusive term which has little to do with good behaviour. Apparently your shadow knows very clearly what this more mystical kind of goodness really means, and its definition is bound to challenge many of your goals and actions, and make you feel sometimes petty and insignificant. You dislike moralising and resent any restraint imposed upon you for dogmatic reasons, although you are sensible enough to recognise and accept practical restraints. But the hidden shadow-side of you can challenge your self-respect from within, if you are unable or unwilling to make some effort to integrate it. For it contains a higher and broader vision of life than the small circle of your immediate pleasures and responsibilities, and can offer your personality greater depth, kindness and wisdom if you are prepared to face the moral challenges it offers.

A hidden striving for perfection interferes with contentment

Ordinarily you do not seek or expect perfection, and you are able to find beauty and satisfaction in everyday things - another person's body, for example, does not have to be flawless for you to find it desirable, and what the romantic idealist might experience as too crude or earthy often excites you. You have a healthy capacity to appreciate beauty and worth as something unique to each person or object, and do not draw impossible comparisons with some abstract ideal. But there is a hidden side of you which wants nothing less than absolute perfection, and which seeks its fulfillment in a more ethereal world. This highly mystical element in you is more in love with an idealised transpersonal image than with an actual living person. It is, at its deepest level, a desire to extend the meaning and experience of love to more universal levels. Love for you is usually strongly coloured by sexual satisfaction and the physical presence of the beloved.

But you might learn something from the ancient Greeks, who had several different words for several different kinds of love; and only one of them, Eros, represented that passionate love which is your favoured expression. Compassion and empathy for the human family, intellectual passion, detached friendship extending beyond time and presence - all these nuances, which exist independent of the physical encounter of two people, are often too disembodied for your comfort. Yet there is a hidden side in you which longs for such mysterious inner experiences which transcend the corporeal reality of another person. Thus, this shadow-side, if you are unwilling to integrate it and do not include it in your more direct approach to relationship, will surface as a sad discontent, which cannot be alleviated through a simple change of sexual partner. It is a mystical soul-union toward which this hidden side of you aspires, and if you cannot open yourself to its message in your ordinary dealings with people then it is likely to break through at some point in your life as a grand passion for a quite unsuitable lover or guru who seems to carry your soul's image but who,in reality, may disappoint you badly and damage the security of your personal life. You do not ordinarily indulge blindly in Tristan-and-Isolde scenarios, for they are far too chaotic and unreal, and you are, after all, a pragmatist. But something in you longs for this kind of experience of utterly losing yourself. It is not mutually exclusive with your earthier approach to relationship. But to enjoy a balance between them, you may need to give more value to those mystical longings in yourself which are so much more otherworldly than you might care to admit.

The need to acknowledge the spirit as well as the flesh

Thus you are not quite the pragmatic and well-adjusted sensualist that you sometimes give the impression of being. There are unsuspected and rather strange depths in you. There is a strong mystical dimension in your personality which longs for a higher and more transpersonal meaning in your life, and which rebels against too great an identification with the body and the temporal things

of the earth. It is not that you should change and become somebody different, for your firm anchoring in physical life is a great gift, and you are likely to enjoy a happier and more contented existence than many people who are driven by convoluted inner daemons. But expressing of this refined, delicate and visionary side of you can enrich your life and enhance your appreciation of the good things of the earth and of the body; for your sensual satisfaction will be increased, rather than lessened, by the subtler meaning you find in your experiences.

Another pair of important characters

The characters described so far represent in their fundamental antagonism the main theme of your inner story. Besides these figures, there is another pair of conflicting figures indicated in your birth chart which are likely to be recognisable in your life. These figures are briefly described in the following paragraphs.

A direct and honest approach to life

There is little nonsense and pretense about your personality and your views. You are blunt, direct and honest, and you do not try to hide behind elaborate social veneers and posturings to mask who you are and what you want. You have little patience with hypocrisy, and are not averse to directly challenging and, if necessary, offending those who offend you by their refusal to be themselves. You enjoy luxury and pleasure and are unafraid of calling desire by its name and unashamedly pursuing what you want; and you have no illusions about the fact that life sometimes demands courage, ruthlessness and effort if a person wants to get ahead. Some people might find you a little overbearing or tactless, but it is not these people whom you wish to impress anyway.

Despite your intelligence, basic good taste and perceptiveness, you are at heart a very basic and simple personality - not simple in the sense of stupid or naive, but in the best sense of being at

home with the real bones of life and people, and responsive to the beauties which are here on earth rather than those which hide behind clouds in heaven. You are one of those people whom others instinctively trust, because there is nothing false about you - you put in the shop window exactly what there is in the shop, no more and no less, and your natural intuitive capacity to read people (for someone who is instinctively honest in the deepest sense can always perceive falsity in another person) allows you to navigate the currents of others' more convoluted motives without getting harmed. Life will eventually challenge you on that side of your life in which you are uncomfortable and awkward the worlds of the intellect and the spirit, and all the things which you cannot see and touch. But when faced with such a challenge you are likely to be as innately honest and free of pretensions as you are in the other spheres of your life.

The importance of beauty and culture must be acknowledged

In contrast to your direct and unpretentious way of handling your life, there is a hidden dimension in your personality which is far more delicate, romantic and intellectually subtle than your ordinary expression would suggest. There is a certain image in the eyes of others which this secret side of you seeks: the educated, cultured, sophisticated and polished person who knows all the right places to go, has read all the right books and seen the right films, and shines with the patina of style and fashion. Your shadow-side is difficult for you to integrate into your life, for you mistrust it and feel it to be false and vain; but you may need to look with more insight into just what this aesthetically sophisticated world really represents. For it contains the key to your sense of the subtler and higher things in life, without which you can sometimes seem, and feel, merely clumsy, boorish and inferior.

It could be said that you underrate yourself and play yourself down, although it might not seem so to you; for in your insistence on simplicity and basic values, you overlook your own intellectual and artistic and social potentials, as well as denying your longing to join a more cultured, sophisticated and luxurious world. Try not to reject your aspirations toward a more sophisticated lifestyle because you feel you might not belong there and could be laughed at. You need to look more honestly at what you condemn, for much of your condemnation springs from fear; and you possess in potential a highly unique combination of genuine and deep aesthetic feeling with a solid and honest core that can always recognise quality and will never be led astray by imitations. You should trust yourself more, rather than trusting life less.

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IV. THE FAMILY BACKGROUND

Family myths and psychological inheritance

Although you are an individual, you have emerged from a family background. A family is like a living organism, and it includes certain hereditary characteristics which have passed down through the generations. It also contains a particular set of psychological dynamics, an emotional climate which provides the first soil in which your nascent individuality took root in childhood. Thus you contain certain inner patterns, myths and attitudes toward life which you have acquired from the psychological soil of your family background. In other words, to return to our metaphor of the theatre, the characters in your inner drama are unique; but they carry a family inheritance.

Astrology cannot tell us about physical heredity. But it can tell us a great deal about psychological heredity, which runs through families in the same way that red hair or blue eyes do. Psychological inheritance of deeply rooted attitudes often takes place on hidden, unconscious levels of which individual family members are unaware. Family myths move down the generations as surely as a distinctive facial structure does. An example of a family myth might be: "All the men in this family have

been self-made and successful." Or, "All the women in this family have been disappointed by their men." Myths such as these do not need to be spoken, or even recognised, for they pass from one generation to the next via the unconscious, and they are communicated in a multitude of subtle, nonverbal ways. Thus the male child born into the family of "successful" men will inherit a particular set of expectations to which he will respond according to his own nature and his own inner characters. And the female child born into the family of "disappointed women" will inherit certain attitudes about relationships which will affect her later in life if she remains unaware of this inner script.

Because your family background is an integral part of your life story, it is reflected in your birth horoscope. Astrology can offer considerable helpful insight into this realm of life, for according to how conscious you are of the interplay between your own nature and your family inheritance, you will have more or less freedom of choice in life. Your parents themselves are also reflected in your horoscope, although they appear not as real threedimensional people, but rather as images who embody a particular theme or set of attitudes. These parental images reflect how mother and father appear to you personally, how they operate as patterns within your own psyche, and how they support or conflict with the unfoldment of your own inner drama. The power of the family background should never be underestimated, for it is not the past. It is a living present within each of us. As the poet Rainer Maria Rilke once wrote: "Never believe fate is more than the condensation of childhood."

The image of the father in a man's chart

Father is not only a real person. He is also the symbol of an inner pattern or perspective through which you relate to life. The image of your father portrayed in your birth horoscope therefore describes three things.

Firstly, it is a subjective picture of the qualities you experienced as most dominant in your relationship with your father - or whoever played the role of father in your early life.

Secondly, it is a symbol of what the masculine represents to you, for your father was the first man in your life and is therefore a powerful unconscious influence on how you express your own masculinity and how you relate to other men.

Thirdly, it is a picture of your own inner fatherqualities: how you order and structure your life, how you envisage and pursue your goals, how you actualise your potentials in the world, how you express and direct your will, and how you formulate your ethical codes and ideals; and, lastly, how you father your own children.

An assertive and self-willed figure

The subjective image of your father portrayed in your birth horoscope is a forceful one - an aggressive personality, full of competitive and wilful spirit, and resentful at having to compromise with anyone else's needs and wishes. However, this powerful portrait may describe the emotional life of your father rather than his outer behaviour, and it is possible that he sometimes maintained, on the surface, a relatively agreeable personality. He may even have seemed to you on occasion weak and ineffectual rather than strong, angry and determined. But you should look more closely at him, for your father had a dilemma about the expression of anger and overt aggression. Whether he acted his problem out through violence or appeared passive and suppressed his real feelings, your experience of him is of a powerful and rather frightening figure.

The problem of aggression

It is particularly important to understand your father's dilemma about aggression because it is also your dilemma. You may have feared his anger in childhood, whether it was expressed or not; and in adult life you may fear your own aggressive urges, not realising what positive potentials they can offer. Confrontation with others is difficult for you; for at the root of your fear of other's anger lies your fear

of the potent and threatening image of your father. Thus you have inherited a great challenge from your father - the creative use of a naturally aggressive spirit, without which you cannot actualise your potentials to the fullest extent. Your father may have been unable to handle his own force and power, and was physically or emotionally violent. If so, this poses you with an additional challenge the problem of learning to understand and accept the roots of such violence, and recognising that it arises from an inner conflict rather than from aggression alone. You may not see clearly enough the tensions existing in your parents' relationship, or perhaps have identified too much with being your father's victim - thereby becoming a little too peaceable and eager to please, and repressing your own natural potency.

Expression of violence does not reflect a healthy aggression, but rather the same problem as impotence and passivity: a repudiation of the passions, which then reach boiling point within. Thus, whichever extreme of the pattern your father expressed, you have inherited his vitality, his competitiveness, his wilfulness and his idealistic spirit. You possess a determined, strong-willed and courageous facet to your personality, and this is a valuable trait - if you could only realise it. You will need to look carefully at your attitude toward your aggressive impulses, so that you can express your power in harmony with your need for relationship.

In addition to this dominant image, there is another figure portrayed by your birth horoscope which adds further complexity to your experience of your father.

Deep identification despite emotional absence

However complicated your relationship with your father was in early life, it is clear from your horoscope that your father wielded enormous although hidden power over you, and has had a great effect on the formation of your goals and values in life. Paradoxically, this is partly because you did not experience much real closeness in your

relationship with him; but it is your inner image of his importance which is significant. You have, on some level, idealised your father, picturing him as a bright and radiant figure whose love - or lack thereof - had a profound influence on your sense of selfworth. Even if you have adopted a conscious attitude of disinterest or rejection toward him, somewhere deep within you are identified with all that he stands for, and you may need to be very conscious of the power of his image within you in order to develop your own values and standards. The force of this idealised image has grown from your lack of a solid personal relationship, and your father has become mixed up in your psyche with a quasi-divine or archetypal figure who is really the embodiment of your own inner potential.

The need for an inner spiritual father

It is really the archetypal father - the father principle - whom you seek, and whatever disappointment, anger or hurt you may feel toward your actual father, you are really searching for an inner experience of a spiritual kind - a connection with something that will give your life meaning and purpose. Although you may call it by a different name, it is a divine Father whose love you pusue, and your alienation from your personal father springs in part from your own deep spiritual need a quality of your own nature which, in early life, you unconsciously transferred onto the actual parent. The sooner you can separate the real man from your idealised image, the freer you will be to pursue that inner journey which ultimately matters so much to you; and the greater will be your sense of self-confidence and self-worth, and your acceptance of a father who was probably not at all "bad", but failed you through not being God.

There is still another image portrayed by your birth horoscope, which in certain ways conflicts with your dominant experience of your father.

A striving for intellectual excellence

Your father seems to have had within him a split between his intellect and his feelings. Your experience of him is therefore a contradictory one, and it is likely that you too possess a similar polarisation within yourself. If your father expressed the earthier or more emotional dimension of his nature, then he secretly harboured intellectual aspirations which he may not have been able to live - a desire for further education or better qualifications in the eyes of the world. This unconscious aspiration toward intellectual excellence may have resulted in his placing large, although unspoken, demands on you to live his dreams out for him, with the result that you may feel pressured from within to be clever, bright, articulate and a high achiever, even if it is tense and uncomfortable for you to live with such an insistent inner demand.

Balancing mind and feelings

On the other hand, your father may have lived almost entirely in his mind finding the power of his own emotional and instinctual needs uncomfortable; and then he would have repressed this darker side of his personality. If this is the case, then you have been powerfully affected by his unconscious emotional demands, and may harbour intense hidden feelings of anger and fascination toward him which you will need to bring out into the light of consciousness if you are to be free of bondage to him. This split father-image also lies within you, and you contain both a powerful intellect and strong feelings and instincts which need to be expressed and fulfilled in some way in your life. You will need to understand your father's inner conflict better in order to understand your own, for you possess a rich and complex personality which will take time to integrate into a lifestyle which truly suits you.

The image of the mother in a man's chart

Mother, like father, is not only a person. She is the symbol of an essential principle in life, and of an inner dynamic or perspective through which we relate to life. The image of the mother portrayed in your birth horoscope therefore describes three things. Firstly, it is a subjective description of the qualities most dominant in your relationship with

your mother. Many of these will be known to you, but some might be surprising, because they reflect not only her outer behaviour, but her inner life that side of her which was unexpressed and therefore of great power in terms of its effects on you. Secondly, the mother-image in your horoscope is a portrait of what the feminine represents to you how you experience women, and how you relate to the emotional and instinctual dimensions of your own personality. And thirdly, it is a picture of your own "maternal" qualities - for men possess mothering capacities too - your ability to nurture and care for yourself and others, your sense of safety and trust in life's essential kindness, and your ability to flow with time and circumstances and to know instinctively when to wait and accept with wisdom the situations which life brings.

A force of nature

The subjective image of your mother portrayed in your birth horoscope is that of a force of nature. It seems that, however controlled or rational your mother appeared to be, she was really a creature of changeable feelings and moods. Her emotional power in your early life was considerable - perhaps even to the point where her volatile feelings pervaded the household and swamped your own and your deep attachment to her made it difficult for you to distinguish what you felt from what she felt. There is much that is positive in this experience of your mother - in particular, the great emotional richness and depth which she possessed, and which in turn you too possess, if you are able to remain in contact with it. You could express this colourful and sensitive side of yourself through fields of work which involve dealing with the feelings of others, perhaps the public, because of your acute awareness of the shifting moods and needs of those around you.

Differentiating your own feelings from your mother's

In order to find the best expression for this highly volatile side of your personality, you will need to be as conscious as possible of the enormous hold which your mother possessed over you. This is particularly the case if her natural emotionality was not held in balance by other, more rational, qualities - for then she would have seemed to you like the weather, incomprehensible and unpredictable, and liable to sudden frightening shifts and changes - from balmy days to terrible thunderstorms. With such a powerful force at work in your childhood, you will need to disengage your own feelings and responses from those of your mother; for otherwise you run the risk of expressing instead her feelings and characteristic emotional reactions rather than your own.

You also depend a great deal on emotional "feedback" from others, just as you did on your mother's, for you had to develop acute sensitivity to her cues in order to feel safe with her unpredictability. If other people do not respond as you expect in your adult life, you can become confused and unsure of yourself. Learn to rely on your own instincts, which are good ones, and try to understand that your feelings and needs are as important, as powerful and as worthy of notice as your mother's once were in your childhood. Your experience of your mother has developed in you a great facility to reading the responses and needs of others, and this gift is the creative side of your inheritance.

There is still another image portrayed by your birth horoscope, which in certain ways conflicts with the experience of your mother described previously.

A hidden will to power

There is a covert but forceful dimension to your mother-image which she probably could not fully express but which has had a potent unconscious effect on your own ambition and will to succeed in life. Your mother had within her a spirit of considerable courage, strength and ambition, but, because of the essentially masculine flavour of these qualities, her personality or her upbringing made it difficult for her to express them. Perhaps the only sign of such a powerful inner drive was her anger, and even her anger may have been expressed only

through manipulative ploys and subtle criticism. You have inherited your mother's competitiveness and her deep desire to make something important of her life; but you will need to be conscious of this hidden dimension of your mother if you are to avoid being driven by a compulsive ambition which makes you a "workaholic" without regard for your more personal needs.

The problem of envy and competition

You will also need to face your own dilemma with competitiveness and envy, for it is possible that, because of her own frustrated energies, your mother felt envious of your strengths and displayed considerable aggression toward you. If this was the case, then you will be nervous and uneasy when confronted with envy or challenge from others. And you may have learned to fear your own competitive drive and your own aggressive instincts, although these comprise a positive force which can take you far in life. Anger is another issue which is part of your inheritance from your mother, and although you possess quite a temper yourself, you may fear the expression of healthy anger because of the atmosphere of largely unarticulated anger which surrounded your mother. But in essence this dimension of your mother-image is a creative one, full of vitality, energy and courage. The more clearly you can see this unexpressed side of her, the more freely you will be able to relate to and utilise this powerful spirit within yourself.

There is still another image portrayed by your birth horoscope, which in certain ways conflicts with the experience of your mother described first.

The dilemma of undeveloped intellectual potentials

Your mother seems to have possessed some very marked intellectual abilities; and even if she was not fortunate enough to have found the educational or professional opportunities to utilise her gifts, she was undoubtedly innately clever, versatile and articulate. It is likely that she was really the more intelligent of your parents, although your

father may have possessed the academic qualifications and it may have been more important to her to express other sides of her nature. From her you inherit an appreciation of the gifts of the mind and an innate ability to develop your own intellectual gifts in various fields in life.

However, it is also likely that, if your mother's innate cleverness and inquisitiveness were not fully developed or expressed in a suitable career, she was bored and frustrated much of the time, and you may have been subjected to her critical tongue to the extent that you learned to fear it and are still, in adult life, highly sensitive to the criticism of others. Whatever your conscious perception might be of your mother, it may be important for you to recognise the power of her mind and the consequences for her and, in turn, for you if her innate abilities were denied or unlived. You possess the inherited gift of a quick and lively mind, and this gift of yours needs, and deserves, to be expressed through some profession which challenges your intellect and allows you full scope for your powers of expression.

The Parental Marriage

The relationship between your parents portrayed in your birth horoscope is an important symbol of your own internal model of male-female relationships. Just as you have inherited certain psychological patterns from your parents, so too you have inherited a set of attitudes toward love, partnership and emotional commitment. Also, the astrological portrait of the parental marriage is a symbol of the dynamic between the male and female sides of yourself - between the active, mental and spiritual dimension of your personality and the receptive, instinctual and emotional one. Thus the parental marriage is both a description of an inner image of relationship and a picture of your potential for integrating the opposite poles of your own personality.

The following portrait of your parents' marriage is thus meant to be understood as a subjective, and perhaps even unconscious, image of certain attitudes which you may bring into your adult relationships - and into your way of dealing with the complexities of your inner nature. It is not a judgement on your parents. It is an inclination toward a certain pattern in human relationship which, although probably enacted to some extent by your actual parents during the years of your childhood, is really a facet of your own inner drama.

Tension between opposing natures

You were born at a time when a tense emotional climate existed within your family. Whether this tension sprang from practical difficulties - such as financial pressures or too frequent changes of residence - or from a period of disharmony between your parents, your birth horoscope portrays that, in your subjective experience, your parents represented two opposed and mutually exclusive sets of values. Probably you felt this polarisation keenly to the point where you sometimes felt pressured into the impossible situation of taking the side of one or the other parent. Your adult life reflects the tension which permeated the early years of your life, for you tend to bring a certain hesitancy and indecisiveness into your approach to life, swinging between what sometimes feels like two separate people within yourself, as though you were still trying to decide between the two warring parents, who now exist inside you.

Sometimes you may feel there really are two of you, mutually exclusive in needs and values, and battling all the time inside. It might be important for you to look more closely at exactly what values and attitudes your mother and father embodied for you, and to stand separate from the warfare so that you can see the validity of both. You do not need to choose between these two aspects of yourself as you once felt forced to choose in childhood; for you can make your world view and your lifestyle large enough to encompass both sides. You have considerable scope and breadth of vision because of this polarity within yourself, and you also possess a rare gift for tolerance and the capacity to see more than one "truth". The first step toward expressing these

creative attributes is to recognise that there are other ways of handling your inner split than identifying with one side and trying to stifle the other. Both are valuable and necessary to you.

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V. RELATIONSHIP PATTERNS

Relationships are among the most mysterious, rewarding and frustrating of all human experiences. Both astrology and psychology teach us that nothing that occurs within a relationship is chance - neither its beginning, nor its fluctuations and conflicts, nor its ending. But astrology cannot say whether you are "fated" to have a good or a bad marriage, or whether you ought to be with a Cancer or a Sagittarius. Your birth horoscope describes what you are like inside, and therefore what kind of patterns, needs and compulsions you are likely to bring into your relationships with others. You cannot become somebody different, or send in your birth horoscope and request a new set of character. But you can be more or less conscious; and you always have the freedom to look at your own issues, to deal with needs which are your responsibility and not your partner's, and to respond to both joy and pain in creative ways.

The following paragraphs describe your attitudes, needs, and typical patterns in close relationships. This description is written about you in terms of your dealings with the woman in your life. However, if you are involved in a close relationship with someone of your own sex, you will find that the same attitudes, needs and patterns still apply. Whatever your sexual tastes, you are yourself - and it is your inner nature which ultimately dictates the course of your love-life.

Themes connected to relationship issues have already been mentioned in the previous chapters, where the basic archtypal figures dominating in your birth chart were described. Therefore some of the following description will repeat and broaden parts of what has been said already. Some might also contradict, and indicate an inner contradiction inherent in your attitude towards relationships.

The attractions of a partner with spirit and imagination

The women who draw your powerfully physical personality are somehow more ethereal than you, and seem to personify some mystical or poetic realm which you fear entering yet which nevertheless fascinates you. A relationship with such a woman can be very creative for you, since a more imaginative partner can help you to trust your own inner vision and spirit and to treat these invisible things with value; and you in turn can offer containment and a bridge to practical life. But you need to be careful of cloaking your fear of the unknown and the invisible with an uneasy mixture of romanticising and contempt. Your partner is not a precious piece of porcelain which might break if you sully it with too much carnal desire. More likely she is a woman who is as unsure of herself in the world of the body as you are unsure of yourself in the world of the spirit; and she needs encouragement rather than idealisation. If you do not understand this, then you may wind up trying to live a double life where you use your partner to feed your soul and other women to feed your sensual appetites. If you try that, then sooner or later someone is going to get very angry. Equally, you need to be careful not to treat your partner with contempt as a sexual failure because you are envious of her ability to perceive a finer and higher reality than you can. You need a woman who can help you to open the gates of the invisible world, but she is neither above you nor beneath you; she is equal, although her gifts are different.

A need for unpredictability

Although you seem to want continuity and security in your relationship life, there is a rather disruptive quality in you which has a way of generating precisely the opposite situation. You are not quite as domestic and monogamous as you might appear, and need more change and freedom than

you are usually able to ask for. Perhaps you do not even know you want it. But if you cannot face and live out some of this more independent side of yourself, you may unconsciously choose women who embody it, and who coerce you into having that space by demanding it themselves. Needing space and freedom does not necessarily mean having many lovers; but it means you need to have interests, activities and friendships which are wholly your own. It also means that you may need some rather unusual living arrangements - like separate rooms, or separate halves of a house, or travelling which takes you away from home occasionally - if you are contemplating a marriage or a permanent living arrangement with a partner. In short, something in you needs unpredictability in your personal life, and it is best to be aware of this and to ask for it in harmless ways, rather than repressing it until your woman begins to behave unpredictably and thereby forces you into accepting disruption against your conscious wishes. Try not to be frightened by this volatile quality within you. It is not incompatible with a good and stable relationship. But it is incompatible with a stereotyped one that might have been the social model fifty years ago.

A vision of perfect union

You are easily discontented in your relationships, for there is a deeply mystical side to your love-nature which conflicts with your independence and normally rather restrained feelings. You secretly long for a union where you can merge utterly with your woman and lose yourself, body, heart and soul; and you tend to be more emotionally dependent than you are usually able to admit. There is a gentle and rather sacrificial quality about your love which attracts you to women who seem somehow victimised by life, or who appear to be denizens of a more spiritual world. You need to make more room in your personal life for magic and mystery, and also for greater emotional honesty if you wish to avoid disillusionment and difficult entanglements. You may need to sacrifice a little of your pride, and allow your partner to see your longing to offer devotion, for your feelings are far more delicate and other-worldly than you generally

show; and if you permit no room for such dreams within your relationship, you will inevitably seek them outside - not because your woman is incapable of valuing them, but because you have not tried letting her share them with you. Artistic channels are appropriate for this subtle side of your nature, but you need more than art. You need to learn not to be embarrassed by your own idealism and vulnerability.

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VI. PATHS TOWARD INTEGRATION

As you have seen from the preceding pages, your birth horoscope offers a detailed and in-depth portrait of many aspects of your life. It is also possible to step further back from the horoscope, and to use the faculties of a telescope rather than a microscope - so that an overview of the play comes into focus. The following provide also some suggestions of ways in which conscious effort might make it possible for you to achieve greater harmony between the different components within yourself, and to strengthen that centre of the personality which psychology calls the ego, the "I". Free will may not include the possibility of becoming somebody else. But it might include the ability to stand firmly at the centre of your horoscope and feel related to the different aspects of your psyche, rather than wandering about blindly, feeling impotent and victimised by conflicting cross-currents and impulses from within yourself and from the world outside. Two people may have certain astrological configurations which are similar, but one might be buffeted by his or her inner demons like a rudderless small boat tossed on a difficult sea; while the other individual remains somehow solid and real as a person and can therefore navigate the boat intelligently through the ocean's changing currents.

Expressing an original voice

You will never find fulfillment in life by denying the importance of learning and communication, or by hiding your own creative ideas in an effort to blend unobtrusively with the collective. You have an original voice that needs to be heard, and your deepest sense of meaning will come from making the effort to express that voice - through media such as writing, performing or teaching, and through studying a wide range of subjects and then offering to others the fruits of your increasing fund of knowledge and insight. Communication is the sphere of life where you will come most alive, and whatever difficulties you may meet - inside yourself in the form of shyness or inhibition, or outside in the form of people who disagree with your viewpoints - it is worth putting time and energy into perfecting your communicative skills and your power of expression and articulation so that you can share in the development and exchange of ideas which is your real path in life.

It may not be easy for you to put energy and effort into developing your mental and communicative abilities, for you are by nature a practical person who likes to see concrete results before you invest time. You may undervalue the intellectual and aesthetic needs which are so important for your fulfillment, and may also underrate your own abilities, believing that others are more clever and articulate than you. But your material security can only be rewarding if there is a point to your life and you will find that point if you make the effort to communicate your own original ideas.

Learning to navigate emotional depths

There is one sphere of life where any effort to develop yourself will always result in an increased feeling of strength and self-respect, because this is the area of both your greatest anxiety and, paradoxically, your greatest potential. You are a person who needs to feel in control of everything that happens in life, and this particularly applies in the domain of your emotions. You fear the unknown depths in yourself and the unseen powers in life

itself - and sometimes you go to great and selfdamaging lengths to defend yourself against possible invasion, chaos or powerlessness. You need to find the courage to face the unknown, by exploring those hidden drives and compulsions which lie beneath your tightly restrained surface, and by allowing other people to come close enough to both hurt you and bring you transformation and joy. For you cannot have one without the other. If you can make the effort to let yourself be vulnerable to life, rather than donning your suit of armour every time it threatens you with an emotionally overwhelming experience, you will discover that acceptance of your own depths and the self-knowledge this brings are in the end the only true and indestructible form of security.

Thus one of your great fears - of emotional hurt, rejection and humiliation - can become the indestructible base on which to build your chosen medium of expression; for in confronting and sharing your vulnerability you will discover that other people will support and encourage you. Relationship, which is usually the realm most fraught with anxiety because of your emotional sensitivity, can become a source of strength because your increasing feeling of closeness with others provides you with the confidence to express yourself more freely and imaginatively.